

Simple procedure in comfortable environment gets young patient back to school & sports



Caleb, shown above, enjoys sports of all kinds. After having the ear tube procedure at Southern New Mexico Surgery Center, he no longer suffers from recurrent ear infections and has improved hearing.

Caleb enjoys playing sports like many boys and girls his age. His favorite sports include soccer and basketball. Caleb also has fun riding his bike, playing with his dog and horseback riding.

Caleb's parents began noticing that he was having some difficulty reading. They also noticed that he was having some mild to moderate hearing loss. He had a history of ear infections and his mother, Jennifer, made an appointment with Caleb's pediatrician. The doctor performed the exam and determined that he was suffering from an asymptomatic ear infection, meaning he had an ear infection but without many of the symptoms that are usually associated with an ear infection such as runny nose, fever, ear pain or ear drainage. Caleb's pediatrician referred him to Dr. Timothy Frost, a board-certified Otolaryngologist that specializes in ear, nose and throat conditions at Southern New Mexico Surgery Center. He has additional knowledge and experience in Sinus Infection and Respiratory Tract Diseases. In order to prevent the recurrent ear infections that Caleb was experiencing, Dr. Frost recommended ear tubes as a treatment. The ear tubes are plastic and look like a hollow spoon.

This treatment is often prescribed for children with a history of recurring ear infections or in cases where fluid is found behind the eardrum. This simple procedure is performed under general anesthesia and usually as an outpatient procedure by an otolaryngologist. The surgeon places the tubes through a small incision made in the eardrum.

Caleb's parents decided to move forward with the ear tubes for him. Dr. Frost performed the procedure in February of 2010 at SNMSC in Alamogordo. Jennifer and Caleb traveled the 30 minutes to the surgery center. "SNMSC doesn't feel like a hospital or surgery center at all, it looks brand new and the atmosphere is very welcoming," Jennifer says. Caleb's procedure at Southern New Mexico Surgery Center was seamless and his recovery quick. He was back to school in no time and even referred to his hearing after the procedure as "bionic". "The staff was very professional and took the time to answer all of our questions," Jennifer recalls.



ABOUT SOUTHERN NEW MEXICO SURGERY CENTER

The surgery center includes some of the most experienced and talented surgeons in the southern New Mexico region. SNMSC has some of the most modern medical technology available and the surgeons use state of the art minimally invasive techniques to help patients recover in a shorter period of time and in the comfort of their own home.

Dr. Timothy Frost is board-certified in Otolaryngology and Facial Plastic and Reconstructive Surgery. Dr. Frost is also fellowship trained in Facial Plastic and Reconstructive Surgery, the highest level of medical training available. He specializes in Ear, Nose and Throat surgery at Southern New Mexico Surgery Center. Dr. Frost graduated Summa Cum Laude undergraduate degree in Chemistry at Duke University. He was a member of the Phi Beta Kappa Honor Society. He then earned his medical degree at Washington University and was a member of Alpha Omega Alpha Honor Medical Society. Dr. Frost is a member of the American Medical Association, the American Academy of Otolaryngology -Ear, Nose and Throat Surgery, American Academy of Facial Plastic and Reconstructive Surgery and the New Mexico Medical Society.



Dr. Timothy Frost



PHYSICIAN MEMBERS: Dr. John Anderson
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